

**Second Spring**  
***Community Recovery Residence***

**Explanation of Safety Assistance**

Second Spring Community Recovery Residence is committed to the principles of recovery and to assisting each resident in living life to its fullest. A necessary component of recovery is safety. When a resident has expressed intent to hurt themselves or others or has engaged in a behavior that causes concern that the resident may present a risk to themselves or others, we may provide additional support. The process is intended to be a negotiation between you and your providers about how we can help you to safe.

Once assistance is begun, the continuing need for it is reviewed with you daily. During that time, the team at Second Spring will be working with you to help you develop the capacity to reduce your risk. If you disagree about your need for assistance, please discuss it with any member of your treatment team. Remember that there is also a Grievance Procedure that you can use if your conflict about this or any decision we make at Second Spring is not resolved by talking with us.

The various levels of assistance are described below:

**Moderate Need for Assistance:**

- We will generally request that you remain in the facility except to attend therapeutic appointments. If you leave without staff, we will accompany you.
- We will also accompany outside up to once/hour for a cigarette or some fresh air if you wish.
- We will check on you every 15 minutes.
- We ask that you keep your door cracked so that we can check on you without disturbing you.
- We may restrict your access to items that might be harmful to you.
- We will be actively working with you on a goal of decreasing supervision and increasing your ability to stay safe.

**High Need for Assistance:**

- Staff will keep you in sight at all times even when you use the bathroom.
- We will also accompany outside up to once/hour for a cigarette or some fresh air if you wish.
- A staff person will be with you at all times when you are on considered to be a high risk even when you use the bathroom.
- Your bedroom door will be kept open when considered to be a high risk and a staff person will be sitting just outside.

- We will restrict your access to items that might be harmful to you.
- We will be actively working with you on a goal of decreasing supervision and increasing your ability to stay safe.

I understand Second Spring's policy about creating and maintaining safety as a necessary foundation of recovery and have had an opportunity to ask any questions I have about this policy.

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Resident

Date

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Staff explaining policy

Date